



## *Listening from the Heart of Silence:*

*Nondual Wisdom & Psychotherapy, Volume 2*

Edited by John J. Prendergast  
and G. Kenneth Bradford

*Expands and deepens the groundbreaking dialogue begun  
in its companion volume, The Sacred Mirror.*

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“This exceptional anthology reflects the deepening confluence between timeless spiritual wisdom and Western psychological understanding. Bringing the spiritual insights of Zen, Tibetan Dzogchen, and Advaita Vedanta to bear on the practice of psychotherapy, the authors demonstrate how genuine nondual spiritual realization naturally applies itself in the therapeutic encounter. Most impressive is the fact that these are not religious scholars, but dedicated realizers and teachers whose work with students and clients is both healing and enlightening.”

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**John J. Prendergast, Ph.D.**, is an adjunct assistant professor of psychology at the California Institute of Integral Studies. He is senior editor (with P. Fenner and S. Krystal) of *The Sacred Mirror: Nondual Wisdom and Psychotherapy*.

**G. Kenneth Bradford, Ph.D.**, is a licensed psychologist in private practice and an adjunct professor at John F. Kennedy University and the California Institute of Integral Studies.

“This book is at the same time a delight and strong medicine: a multifaceted exploration of the relative and the absolute in the context of the therapy room, in language that manages to clarify rather than obscure this most subtle of subjects.”

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